CITRUS COUNTY

Community Health Improvement Plan

2020-2025

Approved: February 6, 2020

Florida HEALTH
Citrus County

Table of Contents

Executive Summary 3

Process 3

Background 3

Community Health Priorities 4

Implementation 4

Call to Action 4

Introduction 5

What is Health? 5

Who Contributes to Health in Citrus County? 5

How was the Community Health Improvement Plan Developed? 6

The Four MAPP Assessments 6

Community Health Improvement Plan Goals, Strategies and Objectives 7

Health in All Policies 7

Behavioral Health 8

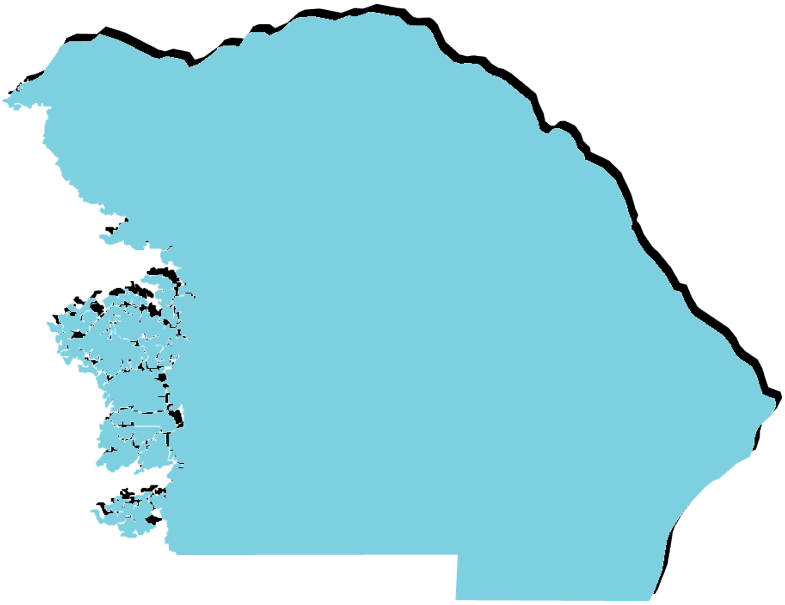
Child Health and Safety 10

Healthy Behaviors 11

Access to Health Care 14

Alignment with State and National Goals, Strategies and Objectives 15

Acknowledgements 17



Executive Summary

Process

The community health improvement plan (CHIP) is a long-term effort to address public health issues identified by the community health needs assessment (CHNA). A successful CHIP will help a broad set of community partners plan activities, set priorities and take action together to make meaningful improvements in community health. While the CHIP is a community-driven and collectively owned health improvement plan, the Florida Department of Health in Citrus County (DOH-Citrus) is charged with providing administrative support, tracking and collecting data, and preparing the annual review report.

The process of developing the CHIP has served as a catalyst for moving traditional and non-traditional public health groups toward a common goal. The ongoing process of implementing the CHIP will bring together these partners on a regular basis each year to assess implementation and progress towards stated objectives. As such, the plan is meant to be a living document rather than an end point. It reflects a commitment of partners and stakeholders to address shared health issues in a systematic and accountable way.

Background

The Citrus Health Improvement Partnership has been a fully functioning group since 2015. Since then, the Citrus Health Improvement Partnership has been instrumental in the creation and implementation of the Citrus CHNA and CHIP.

In 2018, WellFlorida Council, Inc. and DOH-Citrus met to discuss the process for updating the CHNA. A Steering Committee meeting was held on March 16, 2018 with community stakeholders to discuss the overall health and quality of life in Citrus County, using the Mobilizing for Action Through Planning and Partnerships (MAPP) framework. Two surveys were distributed to aid in the determination of the overall needs in our community: a citizen's survey and a provider's survey. The final Community Health Needs Assessment was delivered by the contractor in November 2018.

In January 2019, the Community Health Improvement Partnership reviewed and discussed the 2018 CHNA findings, where five subcommittees were developed to address the health issues identified.

In February 2019, the Citrus Health Improvement Partnership approved their amended charter, which outlines their Mission and Vision as follows:

Mission: Develop a community health improvement plan (CHIP) to address public health problems as identified in the Citrus County Community Health Needs Assessment 2018 through a community driven process that includes engagement of community partners and local public health system partners.

Vision: Being one of the top 10 healthiest counties in the State of Florida as measured by Robert Wood Johnson Foundation.

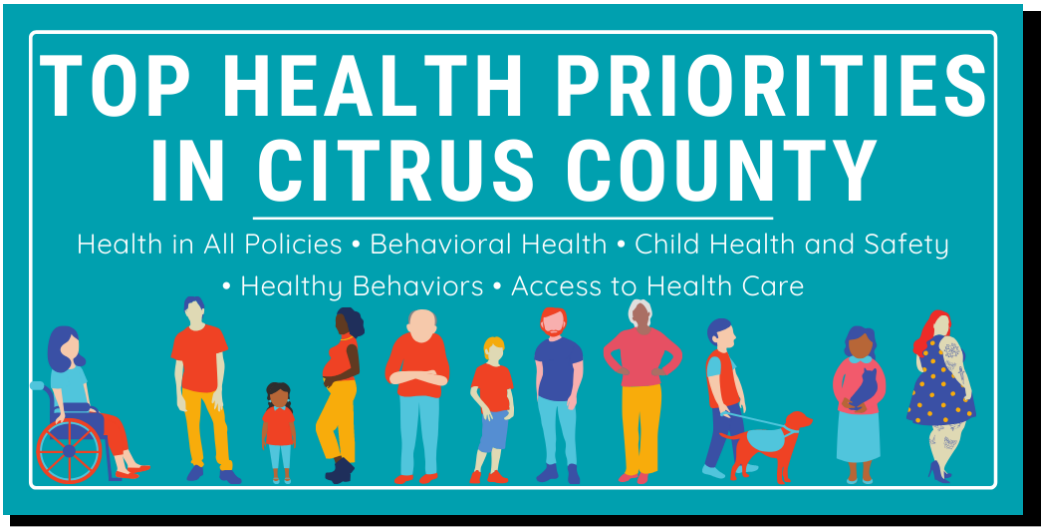
CITRUS
HEALTH
IMPROVEMENT
PARTNERSHIP

Executive Summary

Community Health Priorities

Through a series of monthly meetings, the Citrus Health Improvement Partnership reached consensus on goals, strategies and objectives that fell into the five priority areas that were identified in the 2018 CHNA:

- **Health in All Policies**
- **Behavioral Health**
- **Child Health and Safety**
- **Healthy Behaviors**
- **Access to Health Care**



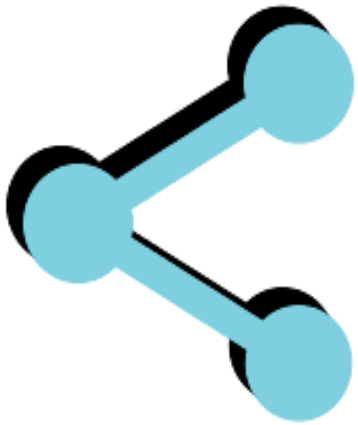
Implementation

During these monthly meetings, subcommittees were established and charged with the responsibility for the ongoing implementation and monitoring of the five priority area goals, strategies and objectives, as well as the plan, using data from the CHNA and various sources such as FLHealthCHARTS and the University of Wisconsin Population Health Institute and the Robert Wood Johnson Foundation's County Health Rankings & Roadmaps.

Over the course of the five-year plan, the CHIP subcommittees will meet monthly to implement and track progress on the CHIP objectives using action plans that identified steps, resources, responsibilities and timeframes. CHIP Subcommittees will recommend revisions of the plan to the Citrus Health Improvement Partnership, who will meet at least quarterly to monitor progress and at least annually to revise the plan. Partners' collective monitoring, reporting progress and revising will ensure the plan remains relevant and effective.

Call to Action

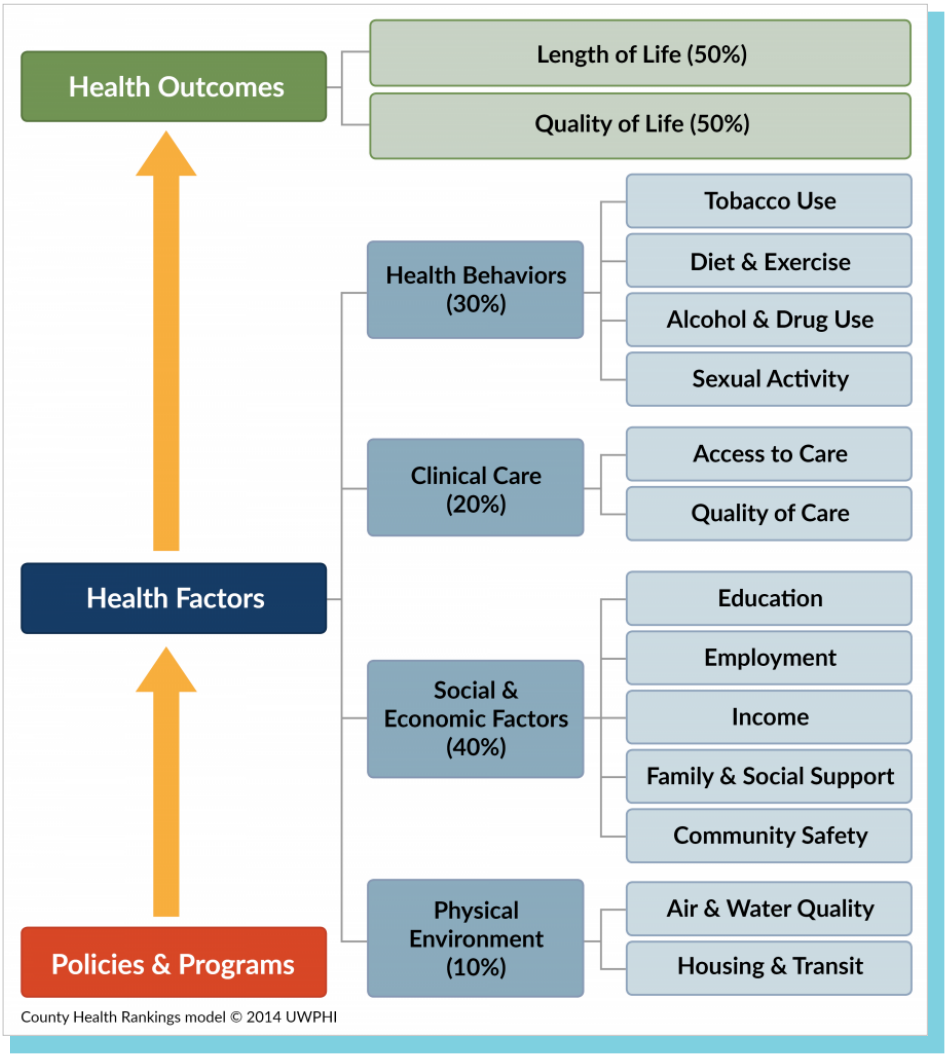
This plan is a call to action for leaders, residents and community champions to get involved in creating a healthier place to live, learn, work and play; to make Citrus County a place where everyone has a chance to live the healthiest life possible. We encourage other County Health Departments, health planning organizations, health and social service organizations, school districts, hospitals, federally qualified health centers, partner agencies, emergency responder organizations, state and local governments, the general public, elected officials, media, chambers of commerce, employers, foundations, funding organizations, the business community and academic institutions to share and utilize this plan to drive their efforts and help close gaps in our community.



Introduction

What is Health?

County Health Rankings & Roadmaps, an initiative of the University of Wisconsin Population Health Institute School of Medicine and Public Health, defines health as "living long and well" (CHRR website, 2018). This definition points to the fact that health is shaped by the conditions in which people live, learn, work and play. Daily choices such as eating a balanced diet, physical activity, adequate rest, getting the recommended immunizations, avoiding smoking, washing hands and seeing a doctor when sick and for preventive care are necessary for health. Other factors also influence health: social and economic factors and the environment in which people live - the quality of schooling, the cleanliness of water, food and air, the quality of housing, the economy in which people work, the level of income earned, family and external relationships, the safety of neighborhoods and the community resources residents can access (CHRR website, 2018). The Citrus CHIP addresses the conditions that produce our health and strengthen our well-being.



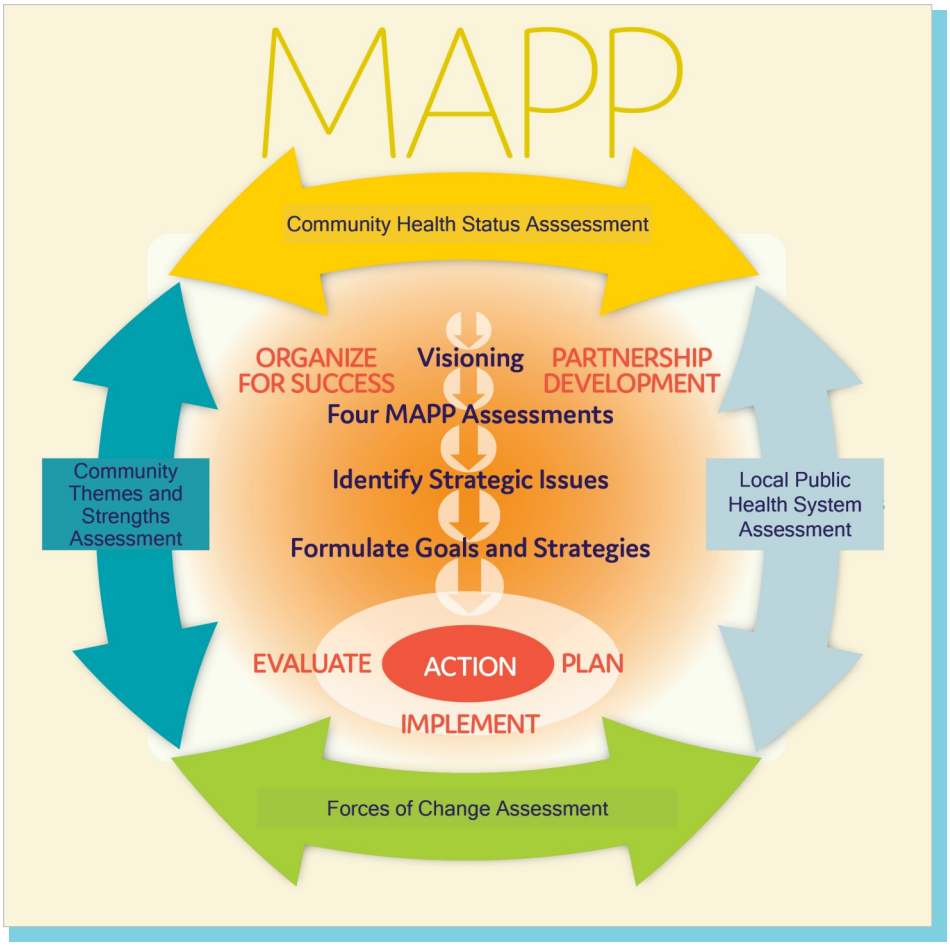
Who Contributes to Health in Citrus County?

The Florida Department of Health bears statutory responsibility for protecting the public's health. Health is influenced by more than personal choices and a visit to the doctor, therefore DOH-Citrus staff convened partners from a broad spectrum to develop the CHIP. While DOH-Citrus is responsible for ongoing monitoring of the CHIP, DOH-Citrus is only part of the public health system. Other agencies, non-governmental organizations, institutions and informal associations have critical roles in creating conditions in which people can be healthy. DOH-Citrus leadership realized that government entities alone cannot match the collective strength of individuals, communities and various social institutions working together to improve health. This collaborative process culminated in the 2020 -2025 CHIP. The ongoing CHIP process and the plan itself both reflect the partnership, time and commitment of many with expertise in business, education, government, community members and public health to achieve sustainable changes for improving health in Citrus County.

Introduction

How was the Community Health Improvement Plan Developed?

The 2020-2025 CHIP is a result of the 2018 Citrus County Community Health Needs Assessment (CHNA), prepared by WellFlorida Council, Inc. and facilitated by DOH-Citrus and the Citrus Health Improvement Partnership. The CHNA and CHIP were developed following the Mobilizing for Action through Planning and Partnerships (MAPP) strategic planning framework. The MAPP tool was developed by the National Association of County and City Health Officials (NACCHO) in cooperation with the Public Health Practice Program Office, Centers for Disease Control and Prevention (CDC). As its name suggests, MAPP is an intensely community-driven process. Strategies to assure inclusion of the assessment of health equity and health disparities have been included in the Citrus County MAPP process. Use of the MAPP tools and process helped Citrus County assure that a collaborative and participatory process with a focus on wellness, quality of life and health equity would lead to the identification of shared, actionable strategic health priorities for the community.



The Four MAPP Assessments

At the heart of the MAPP process are the following core MAPP assessments:

- Community Health Status Assessment (CHSA)
- Community Themes and Strengths Assessment (CTSA)
- Forces of Change Assessment (FOCA)
- Local Public Health System Assessment (LPHSA).

These four MAPP assessments work in concert to identify common themes and considerations in order to hone in on the key community health needs. These MAPP assessments are fully integrated into the 2018 CHNA and the 2020-2025 CHIP.

As mentioned before, the resulting CHIP would not have been possible without the many community partners who participated in the process. The purpose of this document is to identify strategic health issues and objectives for Citrus County in 2020 and beyond. This document will also illustrate why these issues are important to the community.

Community Health Improvement Plan Goals, Strategies and Objectives

Priority 1: Health in All Policies

Health is about so much more than genetics and medical care. Research has shown that the conditions we face as we live, learn, work and play—the social determinants of health—also have a lot to do with how healthy we are.

All too often, in many places, the healthy choice is not the easy choice. Health professionals can encourage healthy choices, but the accessibility of healthy choices is largely impacted by sectors traditionally perceived to be unassociated with health (e.g. transportation, housing, public safety, economic development, land use, education, etc.). Addressing the inaccessibility of healthy choices is a shared responsibility. All sectors have a role to play in improving the health of our communities, especially policy makers.

Goal Area 1: Health in All Policies Education

Goal: Educate stakeholders on Health in All Policies (HiAP).

Strategy: Develop targeted HiAP campaign.

Objective: Increase the number of HiAP educational workshops offered to stakeholders from zero to five by June 30, 2020.

Coordinating Agency: DOH-Citrus

Participating Partners: Citrus County Government, Citrus County School District, Community Representatives, Citrus County Support Services (Aging Network) and WellFlorida Council, Inc.

Goal Area 2: Health in All Policies Implementation

Goal: Adopt HiAP approach to decision making process in Citrus County.

Strategy: Engage key stakeholders to consider health in policy decisions and governmental operations.

Objective: Add public health policy language to various elements in the Citrus County Comprehensive Plan by December 31, 2020. (Currently, there is no public health policy language in the Citrus County Comprehensive Plan and there is no baseline for this objective.)

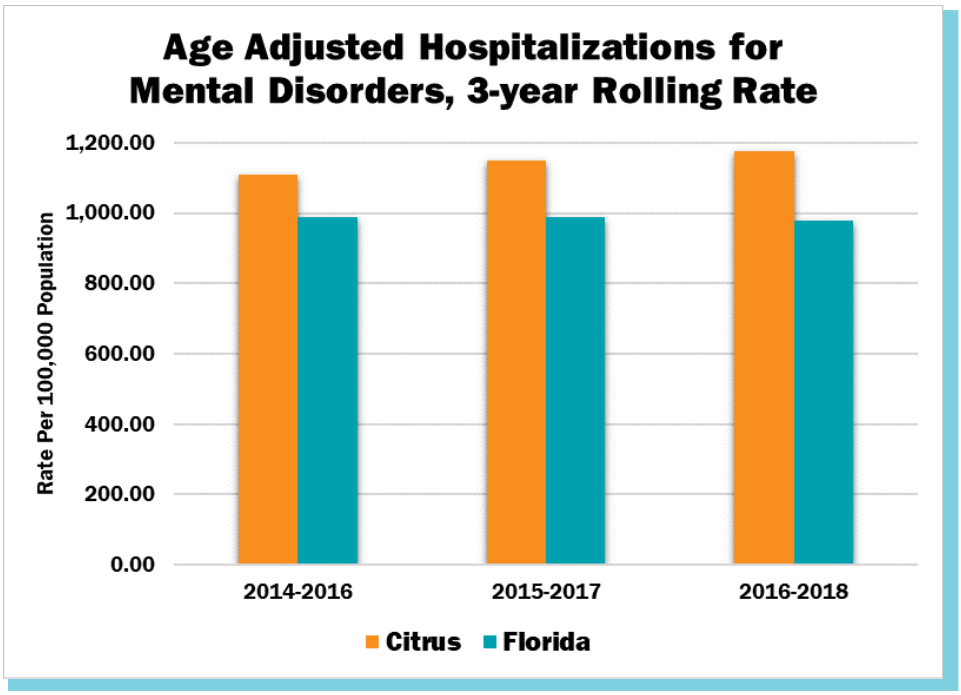
Coordinating Agency: DOH-Citrus

Participating Partners: Citrus County Government, Citrus County School District, Community Representatives, Citrus County Support Services (Aging Network) and WellFlorida Council, Inc.

Community Health Improvement Plan Goals, Strategies and Objectives

Priority 2: Behavioral Health

Across the nation and the state, behavioral health and substance use is a major concern. Citrus County is no exception. Hospitalizations for mental disorders in Citrus County show an alarming trend. Since 2014, Citrus County rates per 100,000 population have surpassed the state's rate, designating Citrus County sixth in the state for the worst rates of hospitalizations for mental disorders (FLHealthCHARTS). Survey results from the 2018 CHNA also showed mental health as the second most important factor that affects the health of our community, citing the need for expanded services and a behavioral health system of care that reaches children all the way to adults.



Goal Area 1: Behavioral Health Education for Health Care Professionals

Goal: Educate health care professionals on the importance of complete and accurate assessments and diagnosis.

Strategy: Explore comprehensive behavioral health Continuing Medical Education (CME) and Continuing Education Unit (CEU) courses/programs for Citrus County health care professionals.

Objective: Increase the number of behavioral health workshops offered to Citrus County health care professionals from zero to three by December 31, 2020.

Coordinating Agency: DOH-Citrus

Participating Partners: American Academy of CME, Inc., Anti-Drug Coalition of Citrus County, Central Healthy Start, Citrus County Government, Citrus County School District, Citrus County Sheriff's Office, Citrus Memorial Health Foundation YMCA, Citrus Memorial Hospital, Citrus Pregnancy Center, Community Alliance of Citrus County, Florida Fifth District Office of Criminal Conflict and Civil Regional Counsel, Gulfcoast North Area Health Education Center, Jessie's Place, LifeStream Behavioral Center, LSF Health Systems, Mid Florida Homeless Coalition, NAMI Citrus County, The Centers, The Pregnancy and Family Life Center of Citrus County, The Springs at Lecanto, Tree of Life Counseling Center, LLC and Youth Family Alternatives.

Community Health Improvement Plan Goals, Strategies and Objectives

Goal Area 2: Behavioral Health in Pediatrics

Goal: Recruit Pediatric Psychiatrist Practitioners to practice in Citrus County.

Strategy: Partner with AHEC to provide rotation opportunities to satisfy behavioral health training requirements for medical residency programs.

Objective: Increase the number of behavioral health residency and rotation site locations/offices in Citrus County from zero to three by December 31, 2021.

Coordinating Agency: DOH-Citrus

Participating Partners: American Academy of CME, Inc., Anti-Drug Coalition of Citrus County, Central Healthy Start, Citrus County Government, Citrus County School District, Citrus County Sheriff's Office, Citrus Memorial Health Foundation YMCA, Citrus Memorial Hospital, Citrus Pregnancy Center, Community Alliance of Citrus County, Florida Fifth District Office of Criminal Conflict and Civil Regional Counsel, Gulfcoast North Area Health Education Center, Jessie's Place, LifeStream Behavioral Center, LSF Health Systems, Mid Florida Homeless Coalition, NAMI Citrus County, The Centers, The Pregnancy and Family Life Center of Citrus County, Tree of Life Counseling Center, LLC and Youth Family Alternatives.

Goal Area 3: Behavioral Health Education for Parents

Goal: Educate Citrus County parents on behavioral health signs and care.

Strategy: Promote workshops or information targeted to parents on behavioral health topics.

Objective 1: Increase the number of behavioral health workshops provided to parents by the Citrus Health Improvement Partnership from zero to four by April 30, 2021.

Objective 2: Partner with the College of Central Florida (CF) to develop social media campaign to promote behavioral health workshops and information by April 30, 2021. (Currently, there is no partnership with College of Central Florida or social media campaign developed to promote the behavioral health workshops.)

Coordinating Agency: DOH-Citrus

Participating Partners: American Academy of CME, Inc., Anti-Drug Coalition of Citrus County, Central Healthy Start, Citrus County Government, Citrus County School District, Citrus County Sheriff's Office, Citrus Memorial Health Foundation YMCA, Citrus Memorial Hospital, Citrus Pregnancy Center, Community Alliance of Citrus County, Florida Fifth District Office of Criminal Conflict and Civil Regional Counsel, Gulfcoast North Area Health Education Center, Jessie's Place, LifeStream Behavioral Center, LSF Health Systems, Mid Florida Homeless Coalition, NAMI Citrus County, The Centers, The Pregnancy and Family Life Center of Citrus County, The Springs at Lecanto, Tree of Life Counseling Center, LLC and Youth Family Alternatives.

Community Health Improvement Plan Goals, Strategies and Objectives

Goal Area 4: Behavioral Health Funding

Goal: Advocate in favor of behavioral health funding for Citrus County.

Strategy: Propose new funding to support behavioral health services in 2020-21 legislative session.

Objective: Submit local funding initiative request to the Senate Committee by December 31, 2020.

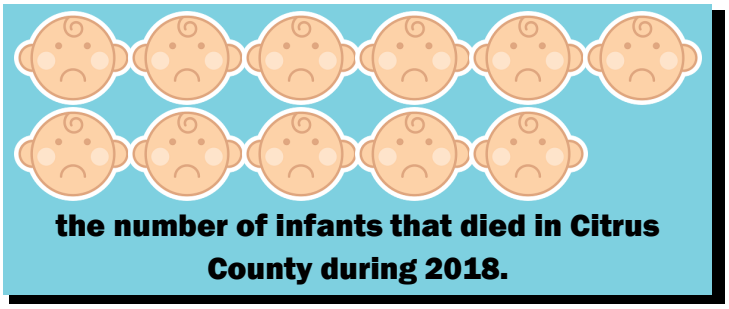
Coordinating Agency: DOH-Citrus

Participating Partners: American Academy of CME, Inc., Anti-Drug Coalition of Citrus County, Central Healthy Start, Citrus County Government, Citrus County School District, Citrus County Sheriff's Office, Citrus Memorial Health Foundation YMCA, Citrus Memorial Hospital, Citrus Pregnancy Center, Community Alliance of Citrus County, Florida Fifth District Office of Criminal Conflict and Civil Regional Counsel, Gulfcoast North Area Health Education Center, Jessie's Place, LifeStream Behavioral Center, LSF Health Systems, Mid Florida Homeless Coalition, NAMI Citrus County, The Centers, The Pregnancy and Family Life Center of Citrus County, The Springs at Lecanto, Tree of Life Counseling Center, LLC and Youth Family Alternatives.

Priority 3: Child Health and Safety

The well-being of women, infants, children and families determines the health of the next generation. Events over the life course influence maternal and child health risks and outcomes. In Citrus County, the infant mortality rate has risen 44 percent to 8.4 infant deaths per 1,000 live births in the county (FLHealthCHARTS 2016-2018) from 5.8 infant deaths (FLHealthCHARTS 2012-2014). Twenty-seven infant deaths occurred between 2016 and 2018, with 11 of these deaths occurring in 2018 alone (FLHealthCHARTS).

Goal Area 1: Child Health and Safety Healthy Pregnancy



Goal: Encourage healthy pregnancies leading to healthy infants and reduced infant morbidity and mortality.

Strategy: Promote the importance of safe sleep, breastfeeding, substance use treatment and prenatal care.

Objective: Decrease the infant mortality rate in Citrus County from 10.7 (FLHealthCHARTS 2018) to 10.3 by promoting programs that support safe sleep, breastfeeding initiation and duration, smoking cessation and prenatal care for substance use during pregnancy by December 31, 2020.

Coordinating Agency: DOH-Citrus

Participating Partners: Anti-Drug Coalition of Citrus County, Central Healthy Start, Citrus Memorial Health Foundation YMCA, Citrus Substance Exposed Newborns Taskforce, Early Learning Coalition of the Nature Coast, Jessie's Place, Cayla's Coats, Inc. and LSF Health Systems.

Community Health Improvement Plan Goals, Strategies and Objectives

Goal Area 2: Child Health and Safety Unintentional Injury Deaths

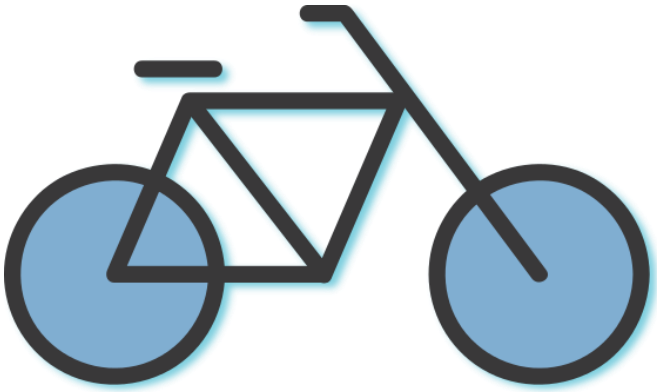
Goal: Decrease deaths from unintentional injury in Citrus County children under age 18.

Strategy: Provide education and safety devices/equipment to prevent bicycle accidents, accidents involving car seats and childhood drowning occurrences.

Objective: Decrease the number of unintentional injury deaths of Citrus County children ages 0-18 from 5 (FLHealthCHARTS 2018) to 4 by December 31, 2020.

Coordinating Agency: DOH-Citrus

Participating Partners: Anti-Drug Coalition of Citrus County, Central Healthy Start, Citrus Memorial Health Foundation YMCA, Citrus Substance Exposed Newborns Taskforce, Early Learning Coalition of the Nature Coast, Jessie's Place, Cayla's Coats, Inc. and LSF Health Systems.



In 2018, 22 out of the 86 unintentional non-fatal ED visits due to bicycle injuries were among children ages 10-14 (FLHealthCHARTS).

Priority 4: Healthy Behaviors

Chronic diseases such as heart disease, diabetes and obesity are among the most common and costly health conditions impacting our community's health and well-being. The good news is chronic diseases are often entirely preventable through the adoption of a healthy lifestyle. Because of this, the 2018 CHNA identified the following issues as top priorities for Citrus County: reducing overweight and obesity rates, improving access to healthy food choices, decreasing tobacco use and addressing the lack of physical activity and personal responsibility in health decision-making. Fortunately, Citrus County has unique characteristics, such as parks, trails and springs, that offer great potential for providing a high quality of life for residents and visitors.

TOP 5 Leading Causes of Death Under Age 75 in Citrus County (FLHealthCHARTS 2018)

Heart Disease

Cancer

Chronic Lower Respiratory Disease

Unintentional Injury

Stroke

Community Health Improvement Plan Goals, Strategies and Objectives

Goal Area 1: Healthy Behaviors Physical Exercise

Goal: Increase physical activity in the community.

Strategy: Encourage the use of Citrus County parks and trails.

Objective 1: Increase the number of kid-friendly trails in Citrus County from zero to one by April 30, 2020.

Objective 2: Increase the number of "Park Prescriptions" written by one Citrus County pediatrician from zero to 10 by April 30, 2020.

Objective 3: Increase the number of public service announcements to encourage outdoor activities from zero to two by January 31, 2020.

Coordinating Agency: DOH-Citrus

Participating Partners: Anti-Drug Coalition of Citrus County, Citrus County School District Community Representatives and Democratic Equality Caucus of Citrus County.

Goal Area 2: Healthy Behaviors Tobacco Use

Goal: Decrease the percentage of women who smoke during pregnancy and postpartum.

Strategy: Promote evidence-based smoking cessation programs in Citrus County.

Objective: Increase the number of enrolled participants in the Baby & Me – Tobacco Free Program from zero to two by July 1, 2020.

Coordinating Agency: DOH-Citrus

Participating Partners: Anti-Drug Coalition of Citrus County, Citrus County School District and Democratic Equality Caucus of Citrus County.

Citrus County has one of the highest rates in the state of live births to mothers who smoked during pregnancy. From 2016-2018, 20.3 percent of babies were born to mothers who smoked during pregnancy, a rate that is more than four times higher than the state rate of 4.8 percent (FLHealthCHARTS).

Goal: Prevent initiation of tobacco use among youth.

Strategy 1: Align Youth Tobacco Citation Course to reflect current trends in Citrus County.

Strategy 2: Partner with Citrus County Schools to expand Students Working Against Tobacco (SWAT) clubs.

Strategy 3: Promote Tobacco Retailer Licensing restrictions.

Objective: Decrease the percentage of youth (ages 11-17) who currently use cigarettes, cigars, smokeless, hookah, or electronic vaping tobacco in Citrus County from 17.4 percent (2018 Florida Youth Tobacco Survey) to 17 percent by July 1, 2020.

Coordinating Agency: DOH-Citrus

Participating Partners: Anti-Drug Coalition of Citrus County, Citrus County School District, Community Representatives and Democratic Equality Caucus of Citrus County.

Community Health Improvement Plan Goals, Strategies and Objectives

Goal Area 2: Healthy Behaviors Tobacco Use (continued)

Goal: Eliminate Citrus County residents' and visitors' exposure to secondhand smoke and e-cigarette aerosol.

Strategy: Leverage community partners to support policy change with local city government.

Objective: Adopt a city-wide tobacco free parks ordinance in Crystal River by July 1, 2020. (Currently, there is no ordinance in Crystal River).

Coordinating Agency: DOH-Citrus

Participating Partners: Anti-Drug Coalition of Citrus County, Citrus County School District, City of Crystal River, Community Representatives and Democratic Equality Caucus of Citrus County.

Goal Area 3: Healthy Behaviors Healthy Foods

Goal: Improve access to healthy foods.

Strategy: Partner with local businesses and organizations to provide healthier food options and education on ways to prepare healthy food.

Objective 1: Increase the number of local businesses in identified food desert areas that provide access to fresh foods (e.g. produce) from zero to one by April 30, 2020.

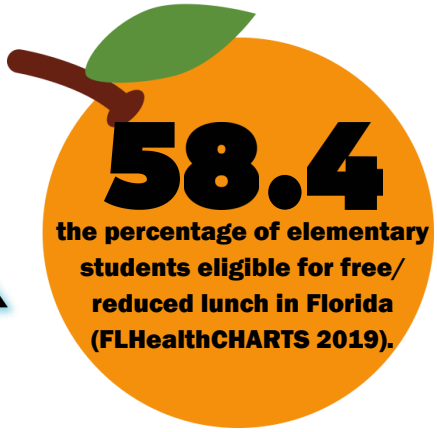
Objective 2: Create one list or guide developed by the Citrus Health Improvement Partnership to promote fresh produce stands/markets in Citrus County by April 30, 2021.

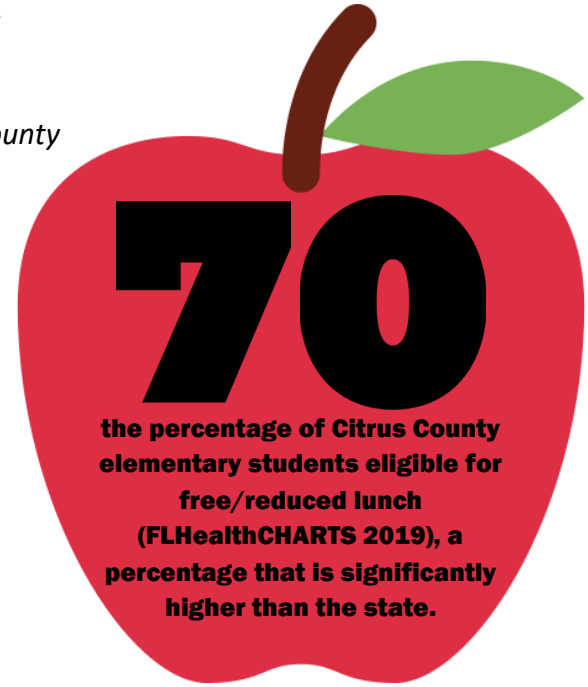
Objective 3: Increase the number of "FOODPLAY" assemblies provided in Citrus County Schools from zero to three by December 31, 2021.

Objective 4: Increase the number of community cooking classes provided to young adults by Citrus Health Improvement Partnership from zero to three by December 31, 2021.

Coordinating Agency: DOH-Citrus

Participating Partners: Anti-Drug Coalition of Citrus County, Citrus County School District, Community Representatives and Democratic Equality Caucus of Citrus County.





Community Health Improvement Plan Goals, Strategies and Objectives

Priority 5: Access to Health Care

Studies show that those who are uninsured live sicker and die younger, but insurance coverage alone doesn't guarantee access to quality health care. Not only is Citrus County a designated health professional shortage area by the Department of Health and Human Services, but the county has one of the lowest rankings in the state when in comes to length of life. According to the 2019 County Health Rankings & Roadmaps, Citrus ranked 64 out of 67 for length of life and the premature death rate (years of potential life lost before age 75 per 100,000 population) is trending in the wrong direction for Citrus County, with a high rate of 10,900 as compared to Hernando County's rate of 8,700.

Citrus County has been designated as a health professional shortage area for primary care, dental health and mental health by the Department of Health and Human Services' Health Resource and Services Administration.

Goal Area 1: Access to Health Care System of Care

Goal: Enhance access to primary care, mental health services, dental care and specialty care.

Strategy: Leverage community partners to create a system of care in Citrus County.

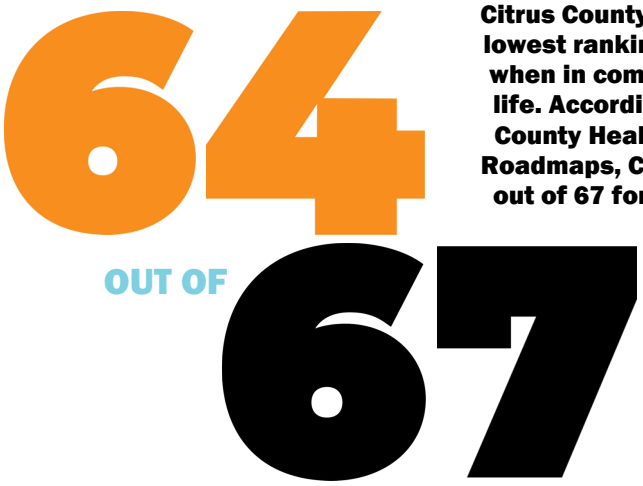
Objective 1: Identify and appoint a co-chair for Access to Health Care subcommittee by April 30, 2020.

Objective 2: Identify one funding source for a We Care specialty care program by December 31, 2021.

Objective 3: See Behavioral Health subcommittee objectives for mental health services.

Coordinating Agency: DOH-Citrus

Participating Partners: Citrus County Chamber of Commerce, Mid Florida Homeless Coalition, Langley Health System, The Pregnancy and Family Life Center of Citrus County and WellFlorida Council, Inc.



Citrus County has one of the lowest rankings in the state when in comes to length of life. According to the 2019 County Health Rankings & Roadmaps, Citrus ranked 64 out of 67 for length of life.

Alignment with State and National Goals, Strategies and Objectives

Health in All Policies

Goal Area 1: Health in All Policies Education

Goal Area 2: Health in All Policies Implementation

Alignment: Florida State Health Improvement Plan Health Equity Priority Area

Goal HE1 Establish shared understanding across all sectors (including, but not limited to, state and local agencies and other organizations) concerning information and issues surrounding health equity (HE), cultural competency/sensitivity, and how social determinants of health (SDOH) influence the health of Florida's residents and communities.

Behavioral Health

Goal Area 1: Behavioral Health Education for Health Care Professionals

Goal Area 2: Behavioral Health in Pediatrics

Goal Area 3: Behavioral Health Education for Parents

Alignment: Florida State Health Improvement Plan Behavioral Health Priority Area - Includes Mental Illness & Substance Abuse

Goal BH1 Reduce mental, emotional and behavioral health disorders in children through improved identification and treatment of behavioral health disorders in parents who come in contact with the child welfare system.

Alignment: Healthy People 2020 Mental Health and Mental Disorders Goal Area

MHMD 6 Increase the proportion of children with mental health problems who receive treatment.

MHMD 11 Increase depression screening by primary care providers.

Child Health and Safety

Goal Area 1: Child Health and Safety Healthy Pregnancy

Goal Area 2: Child Health and Safety Unintentional Injury Deaths

Alignment: Florida State Health Improvement Plan Injury, Safety & Violence, Maternal & Child Health Priority Areas

Goal ISV1 Prevent and reduce intentional and unintentional injuries and deaths in Florida.

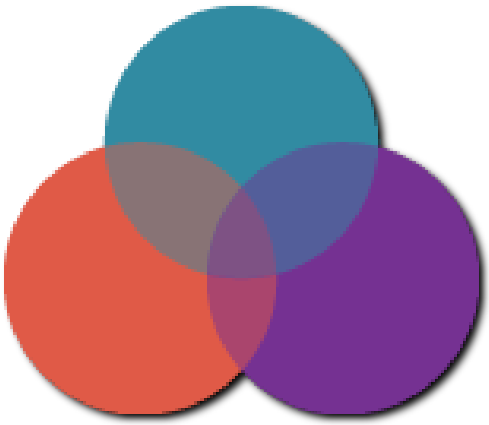
Goal MCH1 Reduce infant mortality and related disparities.

Alignment: Healthy People 2020 Maternal, Infant and Child Health Goal Area

MICH 1 Reduce the rate of fetal and infant deaths.

Alignment with State and National Goals, Strategies and Objectives

Child Health and Safety (continued)



MICH 3 Reduce the rate of child deaths.

MICH 10 Increase the proportion of pregnant women who receive early and adequate prenatal care.

MICH 11 Increase abstinence from alcohol, cigarettes and illicit drugs among pregnant women.

MICH 21 Increase the proportion of infants who are breastfed.

Healthy Behaviors

Goal Area 1: Healthy Behaviors Physical Exercise

Goal Area 2: Healthy Behaviors Healthy Life Expectancy

Goal Area 3: Healthy Behaviors Healthy Foods

Alignment: Florida State Health Improvement Plan Healthy Weight, Nutrition & Physical Activity Priority Areas

Goal HW1 Improve the food environment and nutrition habits across the lifespan to increase healthy weight.

Goal HW2 Improve access to and participation in physical activity opportunities across the lifespan to increase healthy weight.

Alignment: Healthy People 2020 Nutrition and Weight Status

NWS 8 Increase the proportion of adults who are at a healthy weight.

NWS 10 Reduce the proportion of children and adolescents who are considered obese.

NWS 11 (Developmental) Prevent inappropriate weight gain in youth and adults.

NWS 12 Eliminate very low food security among children.

Access to Health Care

Goal Area 1: Access to Health Care System of Care

Alignment: Florida State Health Improvement Plan Chronic Diseases & Conditions Priority Area - Includes Tobacco-Related Illnesses & Cancer, Health Equity

Goal CD1 Increase cross-sector collaboration for the prevention, early detection, treatment and management of chronic diseases and conditions to improve health equity.

Goal HW2 Improve access to and participation in physical activity opportunities across the lifespan to increase healthy weight.

Goal HE3 Strengthen the capacity of state and local agencies and other organizations to work collaboratively with communities and each other to support the specific needs of Florida's most vulnerable populations.

Acknowledgements

Citrus Health Improvement Partnership

American Academy of CME, Inc.

Anti-Drug Coalition of Citrus County

Cayla's Coats, Inc.

Central Healthy Start

Citrus County Chamber of Commerce

Citrus County Government

Citrus County School District

Citrus County Sheriff's Office

Citrus County Support Services (Aging Network)

Citrus Memorial Health Foundation YMCA

Citrus Memorial Hospital

Citrus Pregnancy Center

Citrus Substance Exposed Newborns Taskforce

Community Alliance of Citrus County

Community Representatives

Democratic Equality Caucus of Citrus County

Early Learning Coalition of the Nature Coast

Episcopal Children's Services

Florida Fifth District Office of Criminal Conflict and Civil Regional Counsel

Footprints on My Heart

Gulfcoast North Area Health Education Center

Isaiah Foundation, Inc.

Jessie's Place

Langley Health System

LifeStream Behavioral Center

LSF Health Systems

Mid Florida Homeless Coalition

NAMI Citrus County

Nature Coast Ministries, Inc.

PACE Center for Girls Citrus

The Centers

The Pregnancy and Family Life Center of Citrus County

Tree of Life Counseling Center, LLC

United Way of Citrus County

WellFlorida Council, Inc.

Youth Family Alternatives

Statement of Appreciation

Special thanks are due to the many community partners and individuals who show commitment to building a healthy and thriving community in Citrus County through their dedicated efforts and exceptional support.