June 8, 2020

CITRUS HEALTH OFFICIALS REMIND RESIDENTS TO WEAR MASKS AND SOCIAL DISTANCE

CONTACT:
Audrey Stasko, Public Information Officer
Audrey.Stasko@FLHealth.gov
352-423-0775, cell
352-513-6057, work

Entering Phase 2 does not mean residents should stop wearing cloth face coverings/masks and social distance (staying at least 6 feet away from other people) when in public. The Florida Department of Health in Citrus County (DOH-Citrus) reminds residents that COVID-19 is still spreading in the community. Masks will slow the spread and help people who may have COVID-19 and do not know it from transmitting the virus to others.

Don’ts
• Do not use a mask that looks damaged
• Do not wear a loose mask
• Do not wear the mask under the nose
• Do not remove the mask where there are people with an arm length
• Do not use a mask that is difficult to breathe through
• Do not wear a dirty or wet mask
• Do not share your mask with others

Do’s
• Clean your hands before touching the mask
• Inspect the mask for damage or if dirty
• Adjust the mask to your face without leaving gaps on the sides
• Cover your mouth, nose, and chin
• Avoid touching the mask after it is on
• Clean your hands before removing the mask
• Remove the mask by the straps behind the ears or head
• Pull the mask away from your face
• Store the mask in a clean plastic, resealable bag if it is not dirty or wet and you plan to re-use it
• Remove the mask by the straps when taking it out of the bag
• Wash the mask in soap or detergent, preferably with hot water, at least once a day
• Clean your hands after removing the mask
For more information about DOH-Citrus, visit www.CitrusCountyHealth.org or follow us on Twitter at @FLHealthCitrus.

**About the Florida Department of Health**

The Florida Department of Health, nationally accredited by the Public Health Accreditation Board, works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

Follow us on Facebook, Instagram and Twitter at @HealthyFla. For more information please visit www.FloridaHealth.gov.